
Love One Another, As I Have Loved You.

John 13:34

- **How can we love one another as Jesus loves us?**
- The Catholic Church has a guide – Catholic Social Teaching
 - <https://www.usccb.org/beliefs-and-teachings/what-we-believe/catholic-social-teaching/seven-themes-of-catholic-social-teaching>
- Each week we will share details about one of the seven themes of Catholic Social Teaching with a focus on practical things you can do put your faith into action

Theme One - Life & Dignity of the Human Person

Summary:

The Catholic Church proclaims that human life is sacred and that the dignity of the human person is the foundation of a moral vision for society. This belief is also the foundation of all the principles of our social teaching.

Possible Actions:

- Greet everyone with love & acceptance as we are all created in the image of God.
- Reach out to someone with a card, text or phone call.
- Visit an elderly neighbor.
- Educate yourself about issues that affect human dignity like abortion, the death penalty, immigration and human trafficking.
- Contact or volunteer at a local organization that supports the dignity of all like food pantries, adult day care centers or immigration centers.
- Advocate for changes that support human dignity in your community.